

Synergy Kids Clubs Proposal for Kallady + Tiruchendur

(January-December 2008)

1. Background

Following the Tsunami disaster, a children's club known as Synergy Kids Club was established for children living in Tiruchendur, Batticaloa. The aim of the programme was to provide counseling & healing for children affected by the Tsunami disaster to overcome trauma & lead a normal life. The success of this programme resulted in further Kids Clubs being established in Batticaloa and Kalmunai. Currently, Kids Clubs are active in **Tiruchendur and Kallady in Batticaloa.**

2. Program Ethics

The programme is conducted in a manner where a group of mature students are trained in John Heron's Co-Counselling Fundamentals programme. They learn personal counseling skills and holistic creative healing techniques. Co-counsellors are recruited as Synergy Kids Clubs teachers.

They utilize counseling and the healing techniques when facilitating the clubs. The clubs also utilize Maria Montessori's "learning through play" and Nancy Baron's story telling techniques.

Children learn team work, meditation, relaxation techniques, prayer, music, dance, indoor & outdoor games, leadership, conflict resolution, decision making, caring and sharing and gain confidence to take control of their lives.

3. Programme Format

Synergy Kids Clubs are established in tsunami affected areas and offered to local children. They meet twice a week to engage in the activities of the clubs.

- Two teachers per club to facilitate activities in Tiruchendur, and four teachers take turns to do one session each in pairs.
- 30 children (boys & girls between the ages of 6 to 13 years) will participate in each club making a total of 60 children
- Participants will be provided refreshments every session
- Playthings & creative materials are offered to the children to play during the sessions
- An educational trip & get together organized once a year
- Teachers maintain details of all children, attendance records and progress report of each session
- A co-coordinator ensures the clubs run efficiently and takes responsibility for effective co-ordination of activities pertaining to the two clubs

4. OUTPUTS

- 2 Synergy Kids Clubs will function in the east coast of Sri Lanka offering facilities for 60 children
- One coordinator will learn new skills and increase employment prospects
- 6 teachers will learn new skills and gain more experience and increase employment prospects
- 60 children will overcome trauma caused by 25 years of war and learn new information, skills and techniques to try and improve their performance in their daily lives and try to realize their full potential.
- 60 families of these children will benefit indirectly. (60 x 5 per family = 300 persons)

5. MONITORING & EVALUATION

All activities will be monitored and evaluated and reports will be submitted to donors.

Ms Sushila Raja
Director
January 2008

BUDGET

January-December 2008

No	ITEMS	PER MONTH	ANNUAL
1.	Salary for teachers (4 teachers x Rs 2,000)	Rs 8,000	96,000
2.	Refreshments for 2 clubs (Rs 500 per session x 4 sessions)	4,000	48,000
3.	Co-ordination	2,000	24,000
4.	Play things & books, etc.	Rs. 100 per child	6,000
5.	Annual event	once per year*	12,000
	TOTAL	14,500	186,000

* For annual gathering of Synergy participants from Ampara & Batticaloa districts

TOTAL REQUESTED for 2008: Rs 186,000